PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Larrea divaricata Cav.

GENUS *Larrea* **FAMILY** Zygophyllaceae

COMMON NAMES Chaparral

EDIBLE PARTS AND USES

Edible parts: bud, Medicine

The flower buds are pickled.
Caution: It should not be used at all by pregnant women.

DESCRIPTION

A low shrub. It grows 3 m tall. The leaves are small and dark green and in opposite pairs. The flowers are yellow. The fruit are dry capsules. They contain 5 seeds.

HABITAT

It is a tropical plant.

REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 109
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/427cb2cd-17b0-4bf1-83d6-aef5a07eab1d