PLANT FACT SHEET

Limnophila chinensis (Osbeck) Merr.

GENUS *Limnophila* **FAMILY** Plantaginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a vegetable along with other vegetables and fish.

DESCRIPTION

An annual herb. The stem is erect and it grows 40 cm tall. It has reddish brown hairs. The nodes are swollen. The leaves are opposite and also in rings of 3-4 leaves. They do not have leaf stalks. The leaves are oval and 1-3 cm long by 1 cm wide. There are small teeth along the edge. The flowers are in the axils of leaves or a the top of the plant. The fruit is an oval capsule 5 mm long.

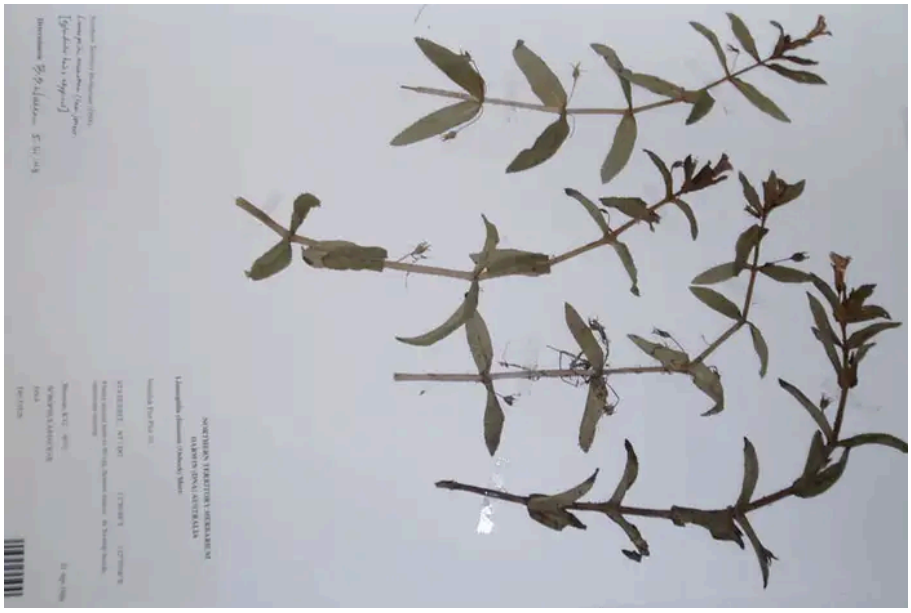
HABITAT

It is a tropical plant. It grows in swampy areas and paddy fields. In Yunnan.

NOTES

Also put in the family Scrophulariaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/42a99d03-60e2-4fcf-b1a9-3c4b917e2d32