PLANT FACT SHEET

Adenia wightiana (Wall. ex Wight & Arn.) Engl.

GENUS *Adenia* **FAMILY** Passifloraceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The ripe fruit are eaten.
CAUTION: The roots and fruits are reported as poisonous.

DESCRIPTION

A climber. It grows 8 m long. It has a tuberous rootstock. The leaves are grey-green and can be deeply lobed with 3-5 lobes. They are 12 cm long by 11 cm wide. There can be teeth long the edge. The flower stalks are 2-15 cm long. The male flowers can be in groups of 30 and the female flowers in groups of 2-6. There are tendrils. There are 1-2 fruit per flower. They are oval and 2-3 cm long by 1-2 cm wide. They are red. There are 10-25 seeds.

HABITAT

It is a tropical plant. It grows in dry deciduous forest.

NOTES

There are 95 Adenia species. They are common in the semiarid regions of Africa.

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