PLANT FACT SHEET

# *Suaeda palmeri* (Standl.) Standl.

**GENUS** *Suaeda* **FAMILY** Amaranthaceae

**COMMON NAMES** Palmer's seablite

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The leaves are eaten raw or cooked for their salty flavour.

## DESCRIPTION

A herb. It is hairy when young. The branches are stout. The leaves are 3-7 mm long and 1.5-2 mm wide. The seeds are 1.5 mm wide.

## HABITAT

It is a temperate plant. It can grow in the desert or dry scrubland.

## NOTES

Also put in the family Chenopodiaceae.

## REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/42d01813-c8d2-475a-aff0-997c530b4c7a