PLANT FACT SHEET

Asplenium gibberosum (G. Forst.) Mett.

GENUS *Asplenium* **FAMILY** Aspleniaceae

COMMON NAMES Gibberosum fern

EDIBLE PARTS AND USES

Edible parts: Medicine

DESCRIPTION

A small fern. It grows 70 cm tall. It grows on fallen trees. It has several long fronds with many leaflets along the sides.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Jansen, A. A. J., et al, (Eds), 1990, Food and Nutrition in Fiji. Volume One. p 52 (As Loxoscaphe gibberosum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/42ec1c4e-7397-467a-8142-4afb6fb2b44a