PLANT FACT SHEET

Spiraea pubescens Turcz.

GENUS *Spiraea* **FAMILY** Rosaceae

COMMON NAMES Shegebur

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The leaves and mature fruit are used for drinks.

DESCRIPTION

A shrub. It grows 1-2 m tall. The branches are spreading. The leaves are oval and 2-5 cm long by 1-3 cm wide. There are grey hairs underneath. The flowers are in groups of 15-20 and the flowers are 5-7 mm across. The petals are white. The fruit are spreading follicles.

HABITAT

It is a temperate plant. It grows in open and semi-shaded places in forests between 200-2,500 m above sea level. In Sichuan.

REFERENCES

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Khasbagan, Hu-Yin Huai, and Sheng-Ji pei, 2000, Wild Plants in the Diet of Athorchin Mongol Herdsmen in Inner Mongolia. Economic Botany 54(4): 528-536

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43058a5b-5d06-4673-a336-07421f60f528