PLANT FACT SHEET

Convallaria majalis L.

GENUS *Convallaria* **FAMILY** Asparagaceae

COMMON NAMES Lily of the Valley

EDIBLE PARTS AND USES

Edible parts: Flowers - drink

The flowers are mixed with raisins and used to prepare wine.

DESCRIPTION

A herb. It grows 18-30 cm tall. The leaf stalk is 8-20 cm long. The leaves are shiny bluish green underneath. They are oval to sword shaped and 7-20 cm long by 3-9 cm wide. The base is wedge shaped. The flower stalk is slightly curved and 15-30 cm long. The flowers are white. The fruit is a red berry 6-12 mm across.

HABITAT

It is a temperate plant. It grows in moist places and shady hillsides between 800-2,500 m above sea level in north China.

NOTES

There is one Convallaria species.

PICTURES



Credit: Food Plants International (Bruce French)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43407379-429d-4842-9dbd-fbba26b58335