PLANT FACT SHEET

Zygostelma benthamii Baill.

GENUS *Zygostelma* **FAMILY** Apocynaceae

COMMON NAMES Cinnamom vine

EDIBLE PARTS AND USES

Edible parts: Root

The root is used in preparing curry.

DESCRIPTION

A vine. The leaves are long and sword shaped. They are dark green with white veins.

HABITAT

It is a tropical plant.

NOTES

An unresolved name in The Plant List.
Also put in the family Asclepiadaceae.
Possibly used in medicine.

REFERENCES

Chaiyong, S., et al, 2023, Uncovering the ethnobotanical importance of community forests in Chai Nat Province, Central Thailand. BIODIVERSITAS 24 (4): 2052-2063

Khumgratok, S., Edible Plants in Cultural Forests of Northeastern Thailand. Mahasarakham University Thailand.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43682b9b-6e29-4d9e-ad24-8de42e665cd8