PLANT FACT SHEET

Sisymbrium turczaninowii Sond.

GENUS *Sisymbrium* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves at the base are ground then boiled used to make a porridge. It is often mixed with other leaves.

DESCRIPTION

A erect herb. It is hairy and grows 45 cm tall. It has a thick root that produces stems each year. The leaves at the base are in a ring. They have leaf stalks and are deeply lobed. The lobes are broadly oval and have teeth along the edge. The leaves on the stem have 6-8 pairs of broadly oval lobes with teeth. The flowers are in a dense group at the top. The flowers are small, yellow and 3 mm long. The fruit is a narrow seed capsule with short hairs. The seeds are oblong and in two rows.

HABITAT

It is a subtropical plant.

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