PLANT FACT SHEET

Lavandula lanata Boiss.

GENUS *Lavandula* **FAMILY** Lamiaceae

COMMON NAMES Woolly lavender

EDIBLE PARTS AND USES

Edible parts: Flowering shoots - flavouring

The flowering parts are used for seasoning.

DESCRIPTION

A herb or small shrub. It grows 1 m tall. The leaves have silvery hairs. The flowers are deep violet purple and on narrow spikes.

HABITAT

It is a temperate to Mediterranean climate plant.

REFERENCES

Benitez, G., et al, 2023, Wild Edible Plants of Andalusia: Traditional Uses and Potential of Eating Wild in a Highly Diverse Region. Plants 2023, 12, 1218 p 20

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43748d7c-c568-47fa-990a-e51f67f63eff