PLANT FACT SHEET

Scepocarpus repens (Wedd.) T.Wells & A.K.Monro

GENUS *Scepocarpus* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked with banana or cassava and eaten as a vegetable. The leaves are pounded and boiled.

DESCRIPTION

A creeping herb. The stems are thin and woody. There are spines on the stems.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Terashima, H., & Ichikawa, M., 2003, A comparative ethnobotany of the Mbuti and Efe hunter-gatherers in the Ituri Forest, Democratic Republic of Congo. African Study Monographs, 24 (1, 2): 1-168, March 2003 (As Urera repens)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43ae30a9-cd73-4250-a0f3-4e8a9b1b0a3f