PLANT FACT SHEET

Borinda macclureana (Bor) Stapleton

GENUS *Borinda* **FAMILY** Poaceae

COMMON NAMES Tibetan arrow bamboo

EDIBLE PARTS AND USES

Edible parts: Shoots, Seeds

The bamboo shoots are boiled and then stewed with salt.

DESCRIPTION

A slender bamboo. The rhizome neck is 3-5 cm long and 4-20 mm wide. The stems are 1-7 m long by 0.5-3.5 cm wide. The underground stems or rhizomes are 0.5-2.5 cm across. They are densely covered with scales. The internodes are 18-28 cm long.

HABITAT

It is a temperate plant. It grows in eastern Tibet at altitudes of 2,700-3,800 m altitude.

REFERENCES

Ding, X., 2021, Collection calendar: the diversity and local knowledge of wild edible plants used by Chenthang Sherpa people to treat seasonal food shortages in Tibet, China. Journal of Ethnobiology and Ethnomedicine 17:40 (As Fargesia macclureana)

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 289 (As Fargesia setosa)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43b38afd-6e7b-4725-9fca-0a2727b72936