PLANT FACT SHEET

Peganum harmala L.

GENUS *Peganum* **FAMILY** Nitrariaceae

COMMON NAMES Syrian rue, Uzerlik

EDIBLE PARTS AND USES

Edible parts: Seeds - spice

The seeds are used as a condiment.
The plant is cooked in water and milk and with sugar is eaten as a sweet dish.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 30-70 cm tall. The leaves are alternate and the blade is divided into 3-5 narrow lobes. The flowers are yellowish white. The fruit is a round capsule. The seeds are dark brown and slightly curved. They are 3 sided.

HABITAT

It is a temperate plant. It grows in slightly salty sands and dry grasslands in desert areas. It grows between 400-3,600 m above sea level.

NOTES

Also put in the family Zygophyllaceae.

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