PLANT FACT SHEET

Mentha x verticillata L.

GENUS *Mentha* **FAMILY** Lamiaceae

COMMON NAMES Whorled Mint

EDIBLE PARTS AND USES

Edible parts: Leaves - herb

DESCRIPTION

A herb. It is a hybrid between water mint (Mentha aquatica) and corn mint (Mentha arvensis). It spreads by underground runners.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

It is best grown from cuttings or runners.

NOTES

There are 25 Mentha species.

REFERENCES

http://www.botanic-gardens-ljubljana.com/en/plants

Mabey, R., 1973, Food for Free. A Guide to the edible wild plants of Britain, Collins. p 133

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43cf99ef-1f5d-4537-bc91-9467451df303