PLANT FACT SHEET

Lepidium coronopus (L.) Al-Shehbaz

GENUS *Lepidium* **FAMILY** Brassicaceae

COMMON NAMES Swine-cress, Creeping wartcress, Crowfoot

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten after much cooking.
The root is used cooked.
The leaves are used for flavouring. They are eaten both raw and cooked.

DESCRIPTION

A cabbage family herb. It is a small plant 0.3 m high. It grows as an annual or completes its life cycle over two years. The stems lie along the ground. They are branched and 5-30 cm long. The flower occurs at the end of the main stem. The flowers are small and white. They are in crowded clusters spaced along the stem. They are about 2.5 mm across. The fruit has no real stalk. It is about 4 mm across. It is kidney shaped. It is a rough pod with ridges across it.

HABITAT

It is a temperate plant. It comes from Europe. It occurs self sown in other countries. It can grow on beaches and in waste ground. It grows in moist brackish ground. It can grow in arid places. Tasmania Herbarium.

PRODUCTION

Cultivation

Plants grow from seed.

NOTES

There are 10 Coronopus species.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43db25d9-5ff7-466c-ac3b-a9fe0a0cbd36