PLANT FACT SHEET

Poa pratensis L.

GENUS *Poa* **FAMILY** Poaceae

COMMON NAMES Kentucky blue grass, Smooth-stalked meadow grass

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The young shoots are eaten raw. They are chewed for the sweet sap.

DESCRIPTION

A grass which keeps growing from year to year. It has creeping underground stems or rhizomes. The stem is erect. It grows 10-90 cm high. The leaves are flat and pliable. The flower panicle is oval shape. It is 2-20 cm long. The spikelets are oval and 4-6 mm long. There are 2-5 flowers.

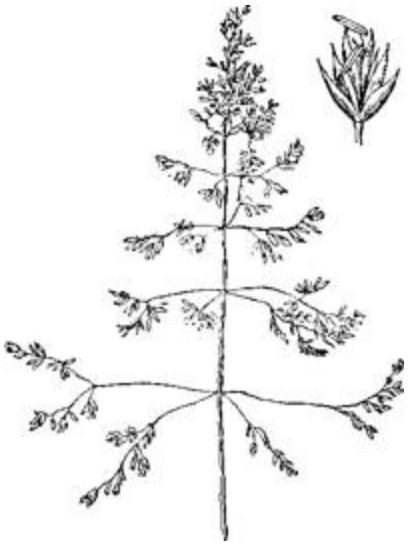
HABITAT

It is a temperate plant. In Pakistan it grows between 1,500-4,700 m altitude. In Argentina it grows from sea level to 3,800 m above sea level. It suits hardiness zones 3-6.

NOTES

There are about 300-500 Poa species. They grow in temperate regions.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/43f93acd-20ff-409e-bfc9-8f59297a21ee