PLANT FACT SHEET

Orthosiphon aristatus (Blume) Miq.

GENUS *Orthosiphon* **FAMILY** Lamiaceae

COMMON NAMES Java tea, Kidney tea plant

EDIBLE PARTS AND USES

Edible parts: Stem, Leaves, Flowers, Tea

It is used for flavouring and as a herbal tea.

DESCRIPTION

A slender shrub. It grows 1-2 m tall. The stems are 4 angled. They have some hairs when young. The leaves are sword shaped or oval. The flowering shoots are at the ends of branches. The fruit are nutlets 1.5 mm long.

HABITAT

It is a tropical and subtropical plant. It grows in a range of places up to 1,000 m above sea level. In CFFRC farm Malaysia. At MARDI. At FRIM. In Yunnan. In Queen Sirikit BG.

PRODUCTION

Cultivation

Plants can be grown from cuttings.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/443124c8-7138-4b44-8257-bbf3a233ffc0