PLANT FACT SHEET

Cola lateritia var. maclaudii K. Schum; (A. Chev.) Brenan et Keay

GENUS *Cola* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: fruit, Leaves, Seeds, Vegetable

The young leaves are cooked and eaten as a vegetable.
The fruit pulp is edible.
The nut is chewed.

DESCRIPTION

A medium to large tree. The trunk is 20 m tall and 1 m across. The leaves are alternate and simple. They are 10-30 cm long by 8-28 cm wide. The leaf stalk is 4-25 cm long. The fruit are 5-8 cm long. There are 4-6 seeds in each fruit follicle. There are 2 varieties of Cola lateritia.

HABITAT

A tropical plant. It grows in rainforest. It suits humid locations. It grows up to 1,000 m altitude.

PRODUCTION

Cultivation

Plants are grown from seed. Seeds germinate in 6-21 days.

NOTES

Also put in the family Sterculiaceae.

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