PLANT FACT SHEET

Acanthophora spicifera (Vahl) Borgesen

GENUS *Acanthophora* **FAMILY** Rhodomelaceae

COMMON NAMES Spiny sea plant, Soft spineweed, Spiny weed

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae, Frond, Vegetable

It is eaten in salads and also cooked.

DESCRIPTION

A seaweed. It grows 20-30 cm tall. The main branch has several side branches and these have several spines. The plants are light brown to dull pink.

HABITAT

A tropical plant. It grows along warm coasts. It grows in the lower intertidal zones on sheltered shores. It grows on reefs and tidal pools. It grows on atolls.

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