PLANT FACT SHEET

Berberis sikkimensis (C.K. Schneide) Ahrendt.

GENUS *Berberis* **FAMILY** Berberidaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub. It loses many leaves during the year. It grows to 2.5 m tall. The shoots are pale yellow. It has spines. The leaves are 2-3 cm long by 5-10 mm wide. They are yellow-green underneath. There are 3-20 flowers in a group. The fruit are dark red berries. They are narrowly oval and 15 mm long by 4.5 mm wide.

HABITAT

It is a temperate plant. It grows in mixed forests between 2,000-3,000 m above sea level. In Yunnan.

NOTES

There are about 450-500 Berberis species.

REFERENCES

Ding, X., 2021, Collection calendar: the diversity and local knowledge of wild edible plants used by Chenthang Sherpa people to treat seasonal food shortages in Tibet, China. Journal of Ethnobiology and Ethnomedicine 17:40

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/44c5df88-0f11-4591-817c-5c37cea380e0