PLANT FACT SHEET

Aphyllanthes monspeliensis L.

GENUS *Aphyllanthes* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Flowers - nectar, Stems

The flowers are sucked for the nectar.
The tender stems are eaten raw as a snack.

DESCRIPTION

A herb. It grows 30 cm tall. It almost has no leaves but has brown scales at the base of the stems. The stems grow in clumps from masses of fibrous roots. The flowers are blue to purple.

HABITAT

It is a Mediterranean climate plant.

NOTES

Also put in the family Aphyllanthaceae.
There is only one Aphyllanthes species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/44d5c09c-a2cd-4cfb-85c1-c28cd4a86b73