PLANT FACT SHEET

Conopodium majus subsp. marizianum (Gouan) Loret, Lopez Udias and Mateo

GENUS *Conopodium* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The tubers are eaten raw.

DESCRIPTION

A herb with a tuber. It grows 25 cm tall. The leaves have spiky lobed leaflets in opposite pairs along the stalk and one at the end. The flowers are in a group on long stalks at the top of the plant and are white.

HABITAT

It is a Mediterranean plant.

REFERENCES

Gonzalez, J. A., et al, 2011, The consumption of wild and semi-domesticated edible plants in the Arribes del Duero (Salamanca-Zamora, Spain): an analysis of traditional knowledge. Genetic. Resour Crop Evolution 58:991-1006

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/44d71cba-1c6c-41b8-aba7-bcc81109b379