PLANT FACT SHEET

Brassica balearica Pers.

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Balearic cabbage

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A cabbage family plant. It is a small evergreen shrub. It grows 40 cm high. The lower stems become bare and woody. The leaves are fleshy and shiny green. They are in rings. They can have deep lobes. The can be like an oak leaf. They have long stalks. The flowers are yellow and 12-20 mm across. The pod is narrow and 2-6 cm long. It has a few constrictions and a very short beak.

HABITAT

It grows on limestone and rocky cliffs.

NOTES

There are about 30 Brassica species and many cultivated varieties.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 68

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 129

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Syn. pl. 2(1):206. 1806

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/44f7a2a4-5bc6-45d8-be48-43a8db0313c1