PLANT FACT SHEET

Aframomum longiscapum (Hook. f.) K. Schum.

GENUS *Aframomum* **FAMILY** Zingiberaceae

COMMON NAMES Grains of Paradise, Guinea grains

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A ginger family herb. An erect herb with leafy stems. It can grow 2-3 m high. The flowers are mauve and the fruit are dark red.

HABITAT

It is a tropical plant. It grows in secondary forest.

NOTES

There are about 50 Aframomum species.

REFERENCES

e-monocot.org/taxon/urn:kew.org:wcs:taxon:218391

Menninger, E.A., 1977, Edible Nuts of the World. Horticultural Books. Florida p 80

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/45525320-45b7-4284-8ced-a185166b1652