PLANT FACT SHEET

Clintonia borealis (Aiton.) Raf.

GENUS *Clintonia* **FAMILY** Liliaceae

COMMON NAMES Corn lily, Clinton's lily, Cow-tongue

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten in salads.
The young leaves can be boiled and served with butter.
Caution: Only eat the leaves and not any other part of the plant.

DESCRIPTION

A herb with rhizomes or underground stems. It keeps growing from year to year. It grows 50 cm tall. The leaves are at the base. There are 2-5 leaves that are large and have a pointed tip. They are dark green. They are 10-35 cm long and 5-15 cm wide and widest near the middle. There are 3-8 yellow flowers. They are bell shaped. They are in a cluster at the top of a leafless stem. The fruit are round and bright blue berries. They are 6-10 mm across. The seeds are an irregular shape. They are a shiny brown.

HABITAT

It is a cool temperate plant. It grows in cool woods and open slopes on mountains. It grows in hardiness zones 2-7.

PRODUCTION

Cultivation

Plants can be grown by seeds or by division of the roots.

NOTES

There are 5 Clintonia species.
Also put in the family Uvulariaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/458f5e84-fb16-4a45-a4c4-b032a4f7b805