PLANT FACT SHEET

# *Blumea chinensis* (L.) DC.

**GENUS** *Blumea* **FAMILY** Asteraceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The young shoots are cooked and eaten. They have a mustard taste and are used for flavouring.

## DESCRIPTION

A succulent herb. It can be climbing. The stems are cylinder shape and hairy when young. They can be 1-12 m long. The leaves are alternate and have short stalks. The leaves are oval and wedge shaped at the base. The are dark green above and paler underneath. There are teeth around the edge. The leaves are 3-20 cm long by 2-7 cm wide. The flowers are at the ends of branches. There are many flower heads. They are pale yellow. There are 10-20 flowers in a head.

## HABITAT

It is a tropical plant. It grows in more moist places. They grow up to 2,000 m above sea level in Java.

## REFERENCES

Ochse, J.J. et al, 1931, Vegetables of the Dutch East Indies. Asher reprint. p 120 (As Blumea chinensis)

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 66 (Unsure about synonyms) (As Blumea chinensis)

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

**LICENCE** CC BY-NC-SA 3.0

**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/45a663ea-5e91-41ca-82f9-be226976df3a