PLANT FACT SHEET

Glyphaea brevis (Sprengel) Monachino

GENUS *Glyphaea* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Budding flowers, Stem, Fruit, Leaves, Vegetable

The stem is used as a chew stick.
The flower buds are cooked.

DESCRIPTION

A shrub or small tree. It grows 3-6 m tall. The bark is grey-brown. The small branches have hairs when young. The leaves are 5-30 cm long by 2-11 cm wide. The leaves usually droop. They are oblong and rounded at the base. There are normally small teeth along the edge. The leaf stalk is 5-30 mm long. The flowers are yellow. The flowers are in a head near the ends of branches. These are 2.5-3.5 cm across. The fruit are like a woody okra fruit. The fruit are spindle shaped and grooved. They are 4-7 cm long and 10-15 mm wide.

HABITAT

It is a tropical plant. It is mainly in forest regrowth. It is also along stream banks.

PRODUCTION

Harvesting and Seed Production

The flowers occur all year round.

NOTES

There are 2 Glyphaea species in Africa. This is probably the same as Glyphaea tomentosa. These have also been in the Tiliaceae.

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