PLANT FACT SHEET

Impatiens bicolor Royle

GENUS *Impatiens* **FAMILY** Balsaminaceae

COMMON NAMES Amphora balsam

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten raw.

DESCRIPTION

A herb. It grows 1 m tall. The lower part is woody. The leaves are alternate and 8-13 cm long. They are oval and wavy along the edge. The flowers are crowded in the axils of the upper leaves.

HABITAT

It is a tropical plant.

NOTES

There are about 850 Impatiens species. They are herbs with watery stems.

REFERENCES

Ambasta S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 285 (As Impatiens amphorata)

Bhatia, H., et al, 2018, Traditionally used wild edible plants of district Udhampur, J&K, India. Journal of Ethnobiology and Ethnomedicine (2018) 14:73

Singh, H.B., Arora R.K.,1978, Wild edible Plants of India. Indian Council of Agricultural Research, New Delhi. p 82 (As Impatiens amphorata)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/45db4d88-b85c-41f7-aa25-81097bb42a84