PLANT FACT SHEET

Xanthium orientale subsp. italicum (Moretti) Greuter

GENUS *Xanthium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The shoots near the base are cooked and eaten.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Geraci, A., et al, 2018, The wild taxa utilized as vegetables in Sicily (Italy): a traditional component of the Mediterranean diet. Journal of Ethnobiology and Ethnomedicine (2018) 14:14

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/45dc18b6-68e3-4fb7-9482-cf59fcd08f23