PLANT FACT SHEET

Hypolepis repens (L.) C. Presl.

GENUS *Hypolepis* **FAMILY** Dennstaedtiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots, Fronds

The leaves are cooked in oil.

DESCRIPTION

A climbing fern. The rhizome is covered with brown hairs. The fronds are 2-4 m long and divided 3 times. The blades are up to 1.5 m wide. The leaflets are 20-50 cm long

HABITAT

It is a tropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/46223ac6-24bb-425b-8efe-03cdc855ba91