PLANT FACT SHEET

Lindera reflexa Hemsl.

GENUS *Lindera* **FAMILY** Lauraceae

EDIBLE PARTS AND USES

Edible parts: Fruit - spice

The fruit are used as a spice.

DESCRIPTION

A shrub or tree. It loses its leaves during the year. The bark is dark brown and it has splits along it. The leaves are alternate. They are narrowly oval and 9-12 cm long by 6-8 cm wide. The fruit is round and 7 mm across. They are red at maturity.

HABITAT

It grows in forests and on mountain slopes below 1,000 m above sea level. It grows in Yunnan in China.

PRODUCTION

Harvesting and Seed Production

In Yunnan the fruit are available from July to September.

REFERENCES

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/46277db8-db07-4afa-bb5e-7edbc6e6596c