PLANT FACT SHEET

Plectritis macrocera Torr. & A. Gray

GENUS *Plectritis* **FAMILY** Caprifoliaceae

COMMON NAMES White plectritis

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten in salads.

DESCRIPTION

A herb. It grows 60 cm tall. The leaves are opposite and 1-5 cm long by 3-18 mm wide. The lower ones are more broadly oval and the higher ones are narrowly oval. The flowering shoots are like a spike and the flowers are white or pink. The fruit are dry capsules 2-4 mm long.

HABITAT

It is a temperate plant. It can grow in deserts. It grows near stream banks.

NOTES

Also put in the family Valerianaceae.

REFERENCES

Anderson, B. A., (Rev.) 1996, Desert Plants of Utah. Utah State University Extension p 44

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/46280e3b-9ea8-4540-9c06-1f34c738d1f2