PLANT FACT SHEET

Saussurea medusa Maxim.

GENUS *Saussurea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A herb. It grows 6-20 cm tall. It keeps growing from year to year. There is a single stem 1-2 cm across. The lower leaves are in a ring and these and lower stem leaves have leaf stalks. The leaves are broadly oval or fan shaped. They are 1-8 cm long by 1-5 cm wide. There are teeth or lobes along the edge. The flowers heads are in large groups 3-7 cm across.

HABITAT

It is a temperate plant. It grows on rocky slopes and alpine scree slopes between 3,000-5,600 m above sea level in Tibet. In Yunnan.

REFERENCES

Liu, Yi-tao, & Long, Chun-Lin, 2002, Studies on Edible Flowers Consumed by Ethnic Groups in Yunnan. Acta Botanica Yunnanica. 24(1):41-56

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4645fc18-dbbf-471e-b03e-1f7da9b8dba6