PLANT FACT SHEET

Brassica napus var. sahariensis L.; A Chev.

GENUS *Brassica* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Roots, Seeds - oil

DESCRIPTION

A cabbage family herb.

HABITAT

It is a Mediterranean plant.

NOTES

There are about 30 Brassica species and many cultivated varieties.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 3. Kew.

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 40, 61

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4655f6ba-a9c5-4a11-a5a6-fff64095efff