PLANT FACT SHEET

Hygrophila lancea (Thunberg) Miquel

GENUS *Hygrophila* **FAMILY** Acanthaceae

COMMON NAMES Hygrophila, Araguaia, Hygro

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten with oil and salt.

DESCRIPTION

It forms branching clusters of stems 15-25 cm long. The leaves are oval and 2-3 cm long. They are light green and thin. They are rounded at the tip and taper to the base. There is almost no leaf stalk.

HABITAT

It is a commonly used aquarium plant.

NOTES

There are about 80 Hygrophila species. They grow in the tropics.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 676

READ

Romanowski, N., 2007, Edible Water Gardens. Hyland House. p 107

Staples, G.W. and Herbst, D.R., 2005, A tropical Garden Flora. Bishop Museum Press, Honolulu, Hawaii. p 95

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/465a562b-e462-4353-bc3c-6bf97e26b61c