PLANT FACT SHEET

Cyclanthera brachystachya (Ser.) Cogn.

GENUS *Cyclanthera* **FAMILY** Cucurbitaceae

COMMON NAMES Cuchinito

EDIBLE PARTS AND USES

Edible parts: Fruit, Vegetable

The fruit are eaten as a vegetable. They are eaten raw in salads and also cooked.

DESCRIPTION

A pumpkin family plant. It grows each year from seeds. The vines are 3 m long. It can climb over other plants using tendrils. The fruit explode to release the seeds. The fruit are 2-4 cm long.

HABITAT

A tropical plant. It grows in shrubland. It grows between 800-3,500 m above sea level. It can tolerate some cold. It is best in a warm sunny position in a rich, well-drained soil.

PRODUCTION

Cultivation

Plants can be grown from seeds. They are best put in a nursery and then transplanted.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/46663de1-d8fd-4034-9565-5cefb4f4cfbb