PLANT FACT SHEET

Centaurea calcitrapa subsp. angusticeps L., (Lindberg f.) Meikle

GENUS *Centaurea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stems

The young stems are boiled and eaten.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Della, A., et al, 2006, An ethnobotanical survey of wild edible plants of Paphos and Larnaca countryside of Cyprus. J. Ethnobiol. Ethnomed. 2:34

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/46b5a5f0-a0f0-4941-a98a-de5ae1b7adc0