PLANT FACT SHEET

Ferula foetida (Bunge) Regel

GENUS *Ferula* **FAMILY** Apiaceae

COMMON NAMES Asafoetida

EDIBLE PARTS AND USES

Edible parts: Leaves, Gum, Spice, Flowers

The gum has a garlic like taste.
The roots and leaves are eaten as a vegetable. They are cooked.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 2 m tall and 1.5 m wide.

HABITAT

It is a temperate plant. It grows in deserts. It needs a sunny position. It suits hardiness zones 7-10.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/46b95d02-f390-43f0-bd6b-00f4ea1dce5a