PLANT FACT SHEET

Heliotropium rufipilum (Benth.) I. M. Johnston

GENUS *Heliotropium* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A herb. It grows 1-2 m tall. The leaves are narrowly oval and tapering to both ends. The fruit are green.

HABITAT

A tropical plant. It suits the seasonally dry tropics. It has been recorded between 600-1,700 m above sea level.

NOTES

There are about 250 Heliotropium species.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 3583

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4705565d-3632-4fd8-b9c9-2a5d8ce61c40