PLANT FACT SHEET

Phagnalon saxatile (L.) Cass.

GENUS *Phagnalon* **FAMILY** Asteraceae

COMMON NAMES Scuderi angustifoglio, Rock daisy

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as flavouring for meat and fish dished and also for potatoes.

DESCRIPTION

A herb. It grows 50 cm tall.

HABITAT

It is a Mediterranean to subtropical climate plant.

NOTES

Medicine,

REFERENCES

Lentini, F. and Venza, F., 2007, Wild food plants of popular use in Sicily. J Ethnobiol Ethnomedicine. 3: 15

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4724ffff-dcd8-4955-93b1-2e75855bd43f