PLANT FACT SHEET

# *Watsonia densiflora* Baker

**GENUS** *Watsonia* **FAMILY** Iridaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, flower - nectar, Corm, Root

## DESCRIPTION

A herb. It is a corm or bulb plant.

## HABITAT

It is a tropical plant.

## REFERENCES


Guillarmod, J., 1966, 1971,

Ogle & Grivetti, 1985,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 34

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 69

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/47273ec5-313b-4dd0-ae0b-6342b004c4c7