PLANT FACT SHEET

Viburnum cassinoides L.

GENUS *Viburnum* **FAMILY** Viburnaceae

COMMON NAMES Northern wild raisin, Apalachian false paraguay tea, Nannyberry, Withe rod

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - tea

The fruit can be eaten.
The dried leaves can be used to make tea. They are steamed then rolled between the fingers and allowed to stand overnight then dried in an oven.

DESCRIPTION

A shrub. It grows 3.5 m tall and spreads 3 m wide. It loses its leaves during the year. The new growth is bronze colour. The leaves turn red in autumn. The leaves are thick and oval. They are dull green and have fine teeth. The flowers are white or yellow. The fruit are deep blue or black.

HABITAT

It is a temperate plant. It suits hardiness zones 2-6. Arboretum Tasmania.

NOTES

There are about 150 Viburnum species. Also put in the family Caprifoliaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/47639b9e-695a-4fdf-b63b-7e90b5e50a39