PLANT FACT SHEET

Zingiber densissimum S. Q. Tong & Y. M. Xia

GENUS *Zingiber* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A ginger family herb. The false stems are 40-70 cm long. The leaves are gathered at the top. They are narrowly sword shaped and 22-45 cm long by 4-9 cm wide. They have silvery hairs underneath. The flowering stems arise from the rhizome. They are oval and 5 cm long by 4 cm wide. The flowers are white.

HABITAT

It is a tropical plant. It grows in mixed forests at about 1,400 m above sea level in southern China. In Yunnan.

REFERENCES

Liu, Yi-tao, & Long, Chun-Lin, 2002, Studies on Edible Flowers Consumed by Ethnic Groups in Yunnan. Acta Botanica Yunnanica. 24(1):41-56

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4764c9ff-3d4f-4cb1-8335-7b117ea86490