PLANT FACT SHEET

Eriosema cordifolium Hochst. ex A. Rich.

GENUS *Eriosema* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Tuber, Root

The tuberous root stock is peeled and eaten raw or cooked.

DESCRIPTION

A slender herb. It keeps growing from year to year. It grows 20-30 cm long. It has a root-stock that is turnip shaped. It is 1.5 cm across and 2-3 cm long.

HABITAT

It is a tropical plant. It grows in grassy savannah in upland situations in West Africa. In Central Africa it grows between 1,500-1,800 m above sea level.

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