PLANT FACT SHEET

Anchusa leptophylla subsp. incana (Ledeb.) D. F. Chamb.

GENUS *Anchusa* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The young aerial parts are roasted like an egg.
The young stems are peeled and eaten.

DESCRIPTION

A herb. It grows 25 cm tall and 10 cm wide. The stems are short and branching. The leaves are simple, alternate and sword shaped. The flowers are blue.

HABITAT

It is a temperate plant.

REFERENCES

Senkardes, I & Tuzlaci, E., 2016, Wild Edible Plants of Southern Part of Nevsehir inTurkey. Marmara Pharmaceutical Journal 20:34-43

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/47816e28-6b3c-43da-918c-01d289575737