PLANT FACT SHEET

Cyperus edulis Dtr.

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks.

HABITAT

A tropical plant.

NOTES

There are 550 Cyperus species.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 74

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/47b5e074-b5db-4603-af8a-905e42c440be