PLANT FACT SHEET

Attalea racemosa Spruce

GENUS *Attalea* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Shoots - salt, Palm hearts

The seeds are crunchy and savoury.

DESCRIPTION

A palm. It does not have a stem. The leaf stalks are tinged with red. The fruit are 9 cm long by 6.5 cm wide.

HABITAT

It is a tropical plant. It grows in sandy soils and upland forests.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/47fd3ffd-5449-4366-acc8-79f1f5bfdc9c