PLANT FACT SHEET

Abelia macrotera var. engleriana (Graebner) Rehder

GENUS *Abelia* **FAMILY** Caprifoliaceae

COMMON NAMES Short-branched abelia

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The leaves and leafy shoots are eaten.

DESCRIPTION

A shrub. It loses its leaves during the year. It grows 1-3 m high. The branches are slender and spreading. The young branches are hairy. The leaves are narrowly oval and 2-4 cm long by 1-2 cm wide. They taper to the tip and the base is wedge shaped. There are teeth along the edge. Both surfaces are hairy. The flowers are rosy-pink. They occur as one or a few at the end of short branches. The fruit are fleshy with a stone inside but dry.

HABITAT

It is a temperate plant. It is native to central and western China.

NOTES

There are 29 Abelia species.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 686 (As Abelia engleriana)

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26 (As Abelia engleriana)

Kang, Y., et al, 2012, Wild food plants and wild edible fungi of Heihe valley (Qinling Mountains, Shaanxi, central China): Herbophilia and indifference to fruits and mushrooms. Acta Societas Botanicorum Poloniae 81(4):4-5-413 (As Abelia engleriana)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/485862a6-5b2e-4dcd-93f3-7c42865442cc