PLANT FACT SHEET

Cressa cretica L.

GENUS *Cressa* **FAMILY** Convolvulaceae

COMMON NAMES Rosinwood, Cressa

EDIBLE PARTS AND USES

Edible parts: Leaves

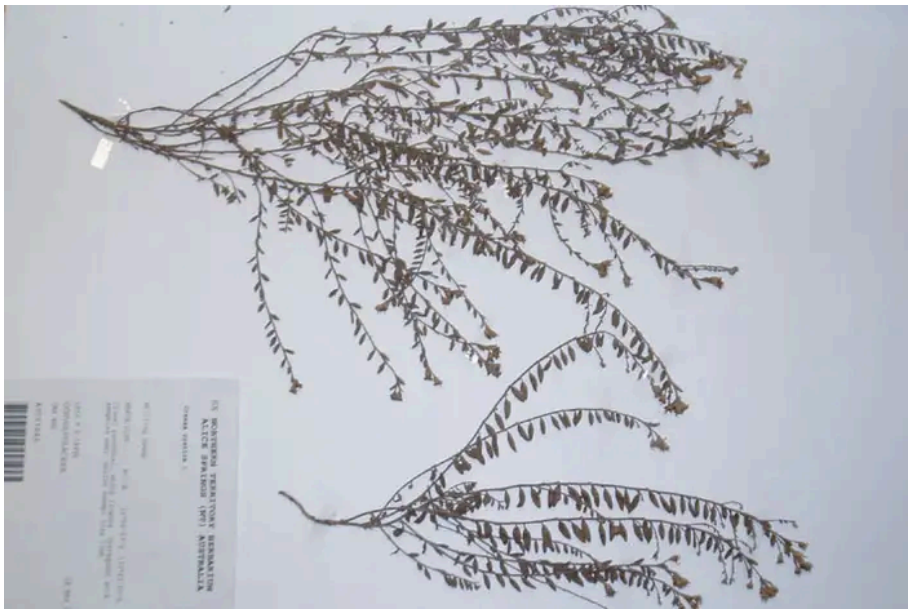
DESCRIPTION

A slender sub-shrub or herb. It grows 10-30 cm high. It can be erect or spreading. It has a tough woody rootstock. It can keep growing from year to year. The leaves are greyish and hairy. They are oval or sword shaped and have a heart shaped base. They do not have teeth. The flowers are yellow or pink. The flowers are borne in round clusters at the ends of branches. The corolla has a short tube and 5 spreading lobes which may curve back.

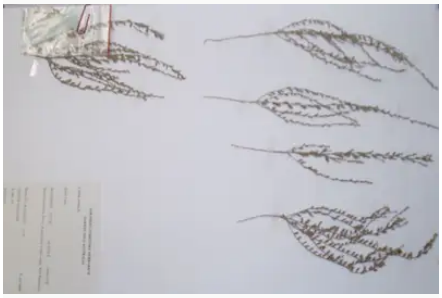
HABITAT

It grows from tropical to temperate places. It grows in sandy and muddy locations. It grows in wet grassland savannah. It can be on salt flats and near the shores of lakes. It is very salt tolerant.

PICTURES



Credit: Food Plants International (Bruce French)



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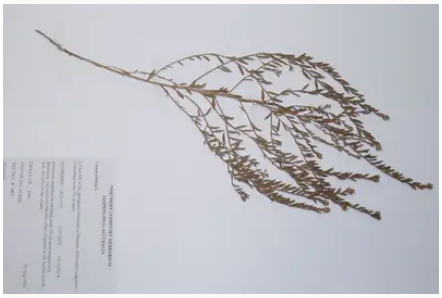

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4858f21f-7cd8-4870-8999-d4df9e63769d