PLANT FACT SHEET

Leymus racemosus (Lam.) Tzvelev

GENUS *Leymus* **FAMILY** Poaceae

COMMON NAMES Volga wild rye, Mammoth wild-rye

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The grains are used as food.
The young underground shoots are sweet and tender and can be eaten raw.

DESCRIPTION

It is a grass that keeps growing from year to year. It grows 1 m tall. The stems are 1 cm across. The leaf blade is 20-40 cm long by 1.5 cm wide.

HABITAT

It is a temperate plant. It grows in sandy places.

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